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## Pregnancy and Postnatal Mental Health



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Public Health England (PHE) have produced local authority level Maternal and Postnatal Needs Assessments. This needs assessment report brings together data and evidence on mental health in the antenatal and postnatal periods, and the social and emotional development and wellbeing of babies and toddlers. It can be used to inform local needs by giving commissioners an indication of perinatal and infant mental health need in their area.

The report includes data specific to Blackpool, including estimates of the number of women with a range of maternal mental health conditions, based on local delivery figures. It also presents data and evidence on key risk factors for poor infant and maternal mental health in a population, including domestic violence, poor social support, drug and alcohol misuse, teenage parents, looked after children and homelessness.

[PHE Blackpool Maternal and Postnatal Local Authority Needs Assessments](#) (270kb)

Further information can be found on the [CHIMAT](#) website.

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