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Wider determinants of health



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Our health is influenced by a wide range of social, economic and environmental factors. We as individuals cannot always control them and they influence and often constrain the 'choices' we make and the lifestyle we lead. They are the social, economic and environmental conditions that influence the health of individuals and populations.

Lack of income, inappropriate housing, unsafe workplaces and poor access to healthcare are some of the factors that affect the health of individuals and communities. Similarly, good education, inspired public planning and support for healthy living can all contribute to healthier communities. The majority of local government services impact upon or can influence the conditions in which people live and work and, to a certain extent, the life chances of individuals.

The wider determinants of health section of the JSNA contains information about the following:

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