

# JSNA Blackpool

## Joint Strategic Needs Assessment


[Home](#)
[Living and Working Well](#)
[Healthy Lifestyles](#)
[Healthy Lifestyles](#)
[Adult obesity](#)
[Alcohol](#)
[Drug Misuse](#)
[Healthy eating - diet and nutrition](#)
[Physical activity](#)
[Smoking](#)
[Health Behaviours in Blackpool](#)
[Home](#) > [Living and Working Well](#) > [Healthy Lifestyles](#) > [Health Behaviours in Blackpool](#)

## Health Behaviours in Blackpool



Last Modified 09/05/2022 12:56:13

[Share this page](#)

### A summary of the Blackpool Lifestyle Survey 2015

Healthy behaviours such as the sensible drinking of alcohol, being physically active, eating well and managing stress are known to prevent a wide range of health problems across the life course. Behaviours such as smoking tobacco, misusing drug, poor diets, alcohol and unsafe sex put people at particular risk of ill health.

The Blackpool Lifestyle Survey provides analysis about the prevalence of different health behaviours across population groups, the characteristics of people with different health behaviours and indicates how many people participate in more than one risk taking behaviour.

[Health behaviours in Blackpool 2015](#)  (847 KB)

The survey results are also available on the individual topic specific pages.

[↑ Back to top](#)

#### Social Networks


[Follow us on Twitter](#)


Supported by

