

Supporting the Health and Well-being of Young people in Blackpool

A summary report of the Health Related Behaviour Survey 2019

These results were collected from a sample of primary pupils aged 8 to 11 and secondary pupils aged 12 to 15 in Blackpool Spring term 2019.

This survey was undertaken by the Public Health Directorate within Blackpool Council. The survey was co-ordinated by the Public Health Team as a way of collecting robust information about young people's lifestyles.

Teachers were informed on how to collect the most reliable data and then pupils completed an online version of the questionnaire appropriate for their age group. Year 4 and 6 pupils completed the Primary version of the

questionnaire. Pupils in Years 8 - 10 completed the Secondary version of the questionnaire.

All were undertaken anonymously. A total of 1889 pupils took part in 19 primary school settings and 3 secondary school settings in Blackpool. One special school also completed an SEN version suitable for their students. Questionnaires were then checked and analysed at SHEU in Exeter.

Cross-phase links

Many of the questions in each version of the questionnaire are identical or very similar. Some of the results of these questions are

presented on pages 6 and 7 of this document, so that behaviour can be seen across the age range.

Trend data

The content of the questionnaire has remained very similar as in previous survey to allow for comparisons. 2019 results have been compared with the previous surveys in 2017, 2015, 2009 and 2007 to look for changes, a selection of these are presented on page 8.

1889 young people were involved in the survey:

School Year	Year 4	Year 6	Year 8	Year 10	Total
Age	8-9	10-11	12-13	14-15	
Boys	330	358	107	119	914
Girls	350	362	105	98	915
Total	694	722	214	219	*1849

*20 pupils didn't tell us their gender and an additional 40 pupils completed the SEN survey

Reference sample

Blackpool data have been compared with the SHEU wider survey sample.

A selection of some of the differences, where the level seen in the Blackpool data is either 5% above or below that in the wider SHEU data, is indicated on pages 3 and 5.

For more details please contact SHEU Tel. (01392 667272)
www.sheu.org.uk

TOPICS INCLUDE:

Background

Drugs, Alcohol & Tobacco

Emotional Health & Wellbeing

Healthy Eating

Leisure & Money

Physical Activity

Relationships & Sexual Health

Safety

School & Career

Blackpool Council

PUBLIC HEALTH

SHEU

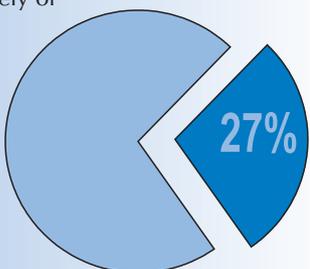
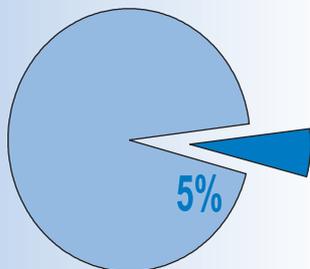
Blackpool Primary school pupils in Years 4 and 6 (ages 8 - 11)

BACKGROUND

- 88% of pupils describe themselves as 'White UK'.

HEALTHY EATING

- 5% of pupils had nothing to eat or drink for breakfast on the day of the survey.
- 41% of pupils had cereal for breakfast and 24% toast or bread on the morning of the survey. 16% said they had fruit.
- Pupils were asked to identify, from a list, the foods which they ate 'on most days'. 52% of pupils said they have fresh fruit and 38% said vegetables. 32% said crisps and 29% said sweets 'on most days'.
- 28% of boys and 22% of girls said that they have spent money on fizzy drinks (not low-cal.) in the last 7 days. 16% said they drink fizzy drinks 'on most days'.
- 45% of pupils said that they 'rarely or never' ate fish or fish fingers. 36% said they 'rarely or never' had salads.
- 27% of pupils had eaten 5 or more portions of fruit and vegetables on the day before the survey, 10% had eaten none.
- 61% drank between 1 and 5 cups of water on the day before the survey, 28% said they had drunk a litre or more while 11% said they had drunk none. 94% of pupils said they can get water at school easily.
- 36% of pupils said that they would like to lose weight.

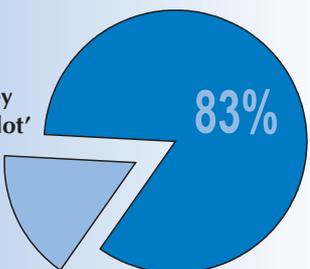


Dental Care

- 77% of pupils reported that they cleaned their teeth at least twice on the day before the survey (the recommended frequency). 5% said they did not clean their teeth at all the day before the survey.
- 23% of pupils had a filling on their last visit to the dentist, 3% had a brace fitted or checked and 6% had other treatment.

PHYSICAL ACTIVITY

- 83% of pupils reported that they enjoy physical activity 'quite a lot' or 'a lot'.
- 59% describe themselves as 'fit' or 'very fit'.
- 39% reported that they had exercised five times or more, in the week before the survey, which made them breathe harder and faster. 23% said once or twice and 5% said none.



- The top four physical activities for Year 6 pupils were:

	Boys		Girls	
Running races/tag	71%	Running races/tag	65%	
Football	63%	Dancing/gymnastics	60%	
Keep-fit	56%	Going for walks	58%	
Going for walks	52%	Keep-fit	56%	

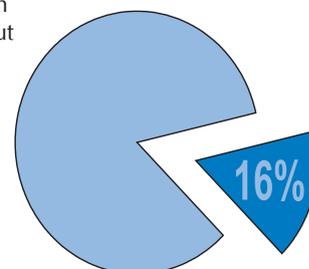
(The table shows the percentage of pupils taking part in the sport at least weekly)

- 44% of pupils walked to school on the day of the survey. 53% came by car.
- 79% of pupils said they have a bicycle. 37% reported that they wear a helmet 'usually' or 'always' when cycling/scooting.

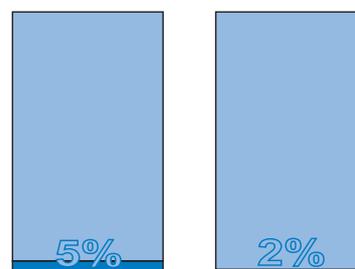
DRUGS, ALCOHOL & TOBACCO

Drugs

- 61% of Year 6 pupils reported that their parents had talked with them about drugs while 62% said their teachers had. 35% said they had talked with visitors in school lessons about drugs.
- 16% said they were 'fairly sure' or 'certain' they know someone who uses drugs (not as medicines).



Alcohol

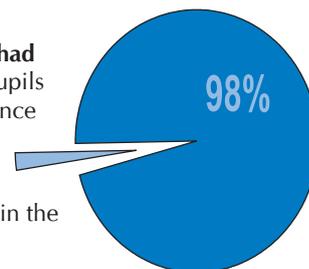


- 5% of boys and 2% of girls in Year 6 said that they they drank an alcoholic drink (more than just a sip) in the week before the survey.

- 87% of pupils say that they don't drink alcohol. 2% of pupils reported that their parents 'never' or only 'sometimes' know if they drink alcohol.
- 1% of pupils drank beer or lager, 1% said wine, 1% said spirits in the week before the survey.

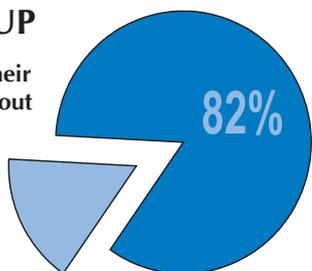
Tobacco

- 98% of pupils said that they had never smoked at all. 2% of pupils said they had tried smoking once or twice.
- 0% of pupils said they had smoked at least one cigarette in the seven days before the survey.
- 88% of pupils said that they wouldn't smoke when they are older. 10% said 'maybe' and 2% said they will smoke when they are older.



PUBERTY & GROWING UP

- 82% of Year 6 pupils said that their parents had talked with them about how their body changes as they grow up. 52% said this about teachers.
- 55% of pupils said that they felt they know enough about how your body changes as you get older.
- 16% of boys and 32% of girls in Year 6 reported that they worried 'quite a lot' or 'a lot' about the way they looked.
- 12% of boys and 21% of girls in Year 6 said they worried 'quite a lot' or 'a lot' about growing up.

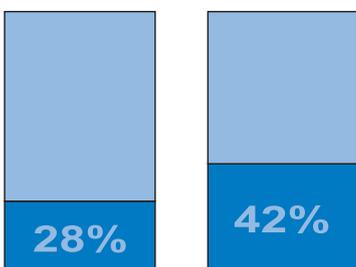


EMOTIONAL HEALTH & WELLBEING

- 28% of boys and 25% of girls had high self-esteem scores.
- 9% of pupils had low self-esteem scores.
- 79% of pupils said they worried about at least one of the items listed in the questionnaire at least 'quite a lot'.
- The top 5 worries for Year 6 pupils were as follows:

	Boys		Girls
SATs/tests	39%	SATs/tests	54%
Crime	34%	Problems with friends	34%
Family	29%	The way you look	32%
The environment	26%	Crime	30%
Problems with friends	24%	Family	32%

SAFETY



- 28% of boys and 42% of girls in Year 6 reported that they felt afraid of going to school because of bullying at least 'sometimes'.

- 30% of pupils said they had been bullied at or near school in the last 12 months.
- 40% said the bullying happened outside at playtime and 32% said inside a classroom at playtime. 19% said it happened at or near home.
- 31% of pupils reported that they thought they were bullied because of the way they looked and 21% because of their size or weight.
- 67% of pupils said their school takes bullying seriously.
- 33% of pupils reported that they had an accident in the last twelve months that was treated by a doctor or at a hospital.
- 27% of pupils reported that they had been scared or upset by an adult who approached them; 17% knew the person.
- 13% of pupils said they told an adult straight away while 8% said they kept it to themselves. 3% told the police.
- 91% of pupils reported that they have been told how to stay safe online. 6% said that someone they don't know in person has asked to meet with them.

SCHOOL

- 50% of pupils spent time doing homework on the evening before the survey.
- 71% of pupils said that their school cared whether they were happy or not.
- 43% of pupils said that their views and opinions were asked for in school.
- 62% of pupils said that in their school people with different backgrounds were valued.
- 75% said that their school encouraged everyone to take part in decisions e.g. school council.
- 59% said that their school encouraged them to take part in community events.

LEISURE & MONEY

- The top four weekly activities outside school were:

	Boys		Girls
Sports clubs	50%	Sports clubs	48%
Youth clubs	25%	Music clubs	26%
Cub/scouts etc.	22%	Brownies/guides etc.	22%
Music clubs	21%	Youth clubs	17%

- After school yesterday, 58% of pupils spent time watching television. 53% played with friends, 58% played computer games and 57% listened to music. 52% played sport on the evening before the survey. 37% went to a club and 22% looked after someone at home.
- 49% report getting pocket money at least monthly.
- In the last week Year 6 pupils spent money on:

	Boys		Girls
Sweets, chocolate, etc	41%	Sweets, chocolate, etc	48%
Computer, games etc.	35%	Snacks	33%
Snacks	34%	Presents	30%
Fizzy drinks	31%	Fizzy drinks	26%

DIFFERENCES BETWEEN THE BLACKPOOL 2019 SURVEY AND THE SHEU REFERENCE SAMPLE

For most of the questions in the questionnaire, Blackpool primary pupils give similar responses to the wider SHEU data. Some differences (more than 5%) include:

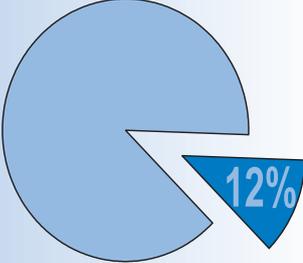
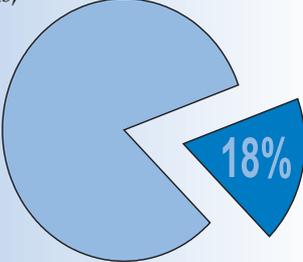
- 52% of primary pupils in Blackpool said they have fruit 'on most days' compared with 63% of the wider sample.
- 38% of primary pupils in Blackpool said they have vegetables 'on most days' compared with 55% of the wider sample.
- 27% of Blackpool pupils recorded levels of high self-esteem compared with 37% of the wider sample.
- 96% of primary Year 6 pupils in Blackpool have been told how to stay safe online compared with 91% of the wider sample.
- 41% of primary pupils in Blackpool feel afraid of going to school because of bullying at least 'sometimes' compared with 34% of the wider sample.
- 88% of Year 6 pupils in Blackpool said they do not drink alcohol compared with 80% of the wider sample.
- 59% described themselves as fit/very fit compared with 68% of the wider sample.

Blackpool Secondary school pupils in Year 8 - 10 (ages 12 - 15)

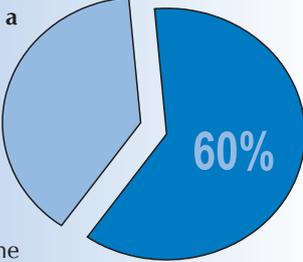
BACKGROUND

- 91% of pupils described themselves as White. 81% said they were White British. 4% described themselves as Asian and 3% as mixed.
- 8% of pupils describe themselves as a 'young carer'. 2% of pupils reported that it took up more than 2 hours of their time a day.

HEALTHY EATING

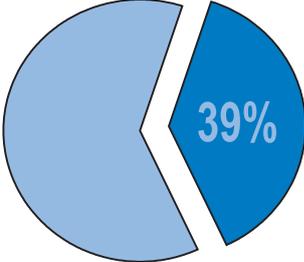
- 12% of pupils reported having nothing to eat or drink for breakfast on the day of the survey. 
- 6% of pupils reported having a high energy/caffeine drink before lessons on the day of the survey.
- 20% of boys and 8% of girls said that they have fizzy drinks (not low cal.) 'on most days'.
- 19% of pupils reported 'never' considering their health when choosing what to eat. 17% of pupils consider their health 'very often' or 'always'.
- 6% of the pupils would like to put on weight while 51% would like to lose weight (59% of Year 10 girls said this). 43% of pupils are happy with their weight as it is.
- 14% of pupils said they had no lunch on the day before the survey. 43% of pupils ate a packed lunch from home or went home for lunch, 41% had school food and 2% bought lunch from a takeaway or shop.
- 26% of pupils said they eat sweets, chocolates 'on most days'. 23% said they eat crisps 'on most days'. 47% said they eat fruit/vegetables 'on most days'.
- 18% of pupils had eaten 5 or more portions of fruit and vegetables on the day before the survey, 16% had eaten none. 

PHYSICAL ACTIVITY

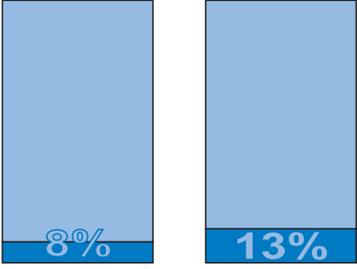
- 60% of pupils reported that they enjoyed physical activities 'quite a lot' or 'a lot'. 
- 45% of the boys consider themselves as 'fit' or 'very fit' compared with 37% of the girls.
- 54% of pupils reported that they had done some form of physical activity on at least three days in the week before the survey. 8% said they had not done any.
- 36% of pupils had exercised on at least three days in the week before the survey enough to increase breathing rate. 18% said none.

DRUGS, ALCOHOL & TOBACCO

Drugs

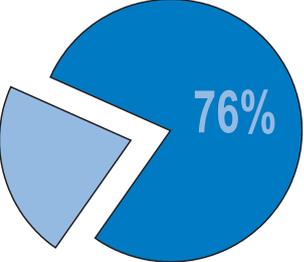
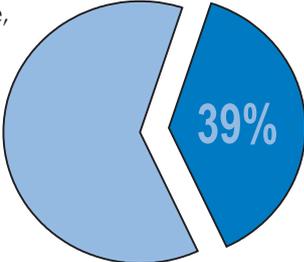
- 39% of Year 10 pupils have been offered cannabis. 5% have been offered NPS (legal highs). 
- By far the most commonly taken drug is cannabis, with 26% of Year 10 pupils saying that they have taken cannabis.
- 17% of pupils have ever used drugs. 10% of pupils say they have used a drug within the last month.
- 7% of pupils reported taking any of the drugs listed and alcohol on the same occasion. 3% said they had ever taken more than one type of drug on the same occasion.

Alcohol

- 8% of Year 8 and 13% of Year 10 pupils drank alcohol on at least one day in the week before the survey. 

- 1% of Year 10 pupils bought alcohol in the last 7 days from an off-licence who should only sell to over-18s. 1% said they got adults outside shops to buy it for them.
- When asked for their main reasons for drinking alcohol, 85% of drinkers said it was 'often' or 'always' 'to socialise and have fun', 38% of drinkers said 'to get drunk'.
- 9% of pupils reported that in the last year they have been drunk at least 'once or twice a month'.

Tobacco

- 76% of pupils said they had never smoked at all. 
- Boys: 8% of Year 8 boys and 16% of Year 10 boys smoke occasionally or regularly.
- Girls: 3% of Year 8 girls and 13% of Year 10 girls smoke occasionally or regularly.
- 6% of Year 8 and 15% of Year 10 said they had smoked at least one cigarette in the seven days before the survey.
- 6% of pupils said that smokers can smoke anywhere in their home, 7% said only in certain rooms.
- 39% of pupils reported that they had used an electronic cigarette/vaporiser. 6% said that they use an e-cigarette regularly (at least once a week). 

EMOTIONAL HEALTH & WELLBEING

- 42% of boys and 20% of girls had high self-esteem scores.
- 9% of pupils had low self-esteem scores.
- 71% of pupils said that they worried about at least one of the items listed in the questionnaire at least 'quite a lot'.
- The top four worries for secondary pupils were:**

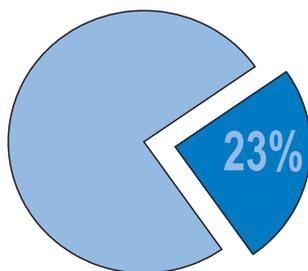
	Boys		Girls
Exams and tests	36%	Exams and tests	66%
Family problems	27%	The way you look	52%
School work	21%	Your weight	48%
Career problems	19%	School work	46%

- Pupils reported using the following to cope when they are stressed/have a problem that worries them:**

	Boys		Girls
Eat or drink more	19%	Eat or drink more	31%
Smoke	9%	Smoke	10%
Cut or hurt myself	4%	Cut or hurt myself	10%
Drink alcohol	3%	Drink alcohol	5%

SAFETY

- 18% of boys and 35% of girls reported that they felt afraid of going to school because of bullying at least 'sometimes' while 74% said 'never'.
- 23% of pupils said that they had been bullied at or near school in the last 12 months.**
- 36% of pupils think that their school takes bullying seriously.
- 14% reported that they had been a victim of violence or aggression in the area where they live, in the twelve months before the survey.
- 4% of pupils said that their personal safety had been put at risk when drinking alcohol. Pupils who said yes were then asked to estimate on how many occasions. 1% said once and then never again, 2% said sometimes.
- 78% of pupils said they at least 'sometimes' do something to try and avoid sunburn.
- 7% of secondary pupils in Blackpool use a sun bed. The most likely place for them to report using a sun bed was at home (4%) 1% said salon or shop, 3% also said at a friends home.
- 3% of pupils said that they have used melanotan.
- 2% of Year 10 pupils report that they have a permanent tattoo. 1% had this done in a shop, 1% at a friends home.



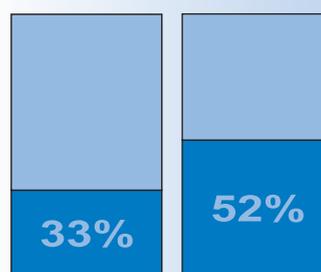
SCHOOL & LEISURE TIME

- 50% of pupils said that in their school people with different backgrounds were valued. 50% said that their school encouraged everyone to take part in decisions.
- 22% said what pupils say makes a difference to what school decides.
- 33% of pupils said they worry about schoolwork problems 'quite a lot' or 'a lot'.
- The top four weekly activities outside school were:**

	Boys		Girls
Sports clubs	48%	Sports clubs	30%
Youth/community /social clubs	12%	Youth/community /social clubs	20%
Music clubs	5%	Music clubs	11%
Art clubs	4%	Art clubs	8%

RELATIONSHIPS & SEXUAL HEALTH

- 28% of pupils said that school lessons were their main source of information about sex, 22% said family and 29% said friends were.
- 7% of Year 10 pupils said that they were currently in a sexual relationship. 14% said that they had a sexual relationship in the past and 5% said they were currently in a relationship and thinking about having sex.
- 82% of pupils said they chat online.
- 24% of pupils said they have received a chat message that scared them or made them upset.
- 49% of pupils said they have seen images aimed at adults and 34% (63% Year 10 boys) of pupils said they had looked online for pornographic or violent images, games or films.



- 33% of Year 10 boys and 52% of Year 10 girls said they know how to access contraceptive and sexual health advice.**

SIGNIFICANT DIFFERENCES BETWEEN THE BLACKPOOL 2019 SURVEY AND THE SHEU REFERENCE SAMPLE

For most of the questions in the questionnaire, Blackpool secondary pupils give similar responses to the wider SHEU data. Some differences (more than 5%) include:

- 81% of Blackpool secondary pupils described themselves as White British compared with 75% of the wider sample.
- 60% of pupils said that they enjoy physical activities 'quite a lot' or 'a lot' compared with 68% of pupils in the wider sample.
- 51% of pupils in Blackpool said they would like to lose weight compared with 42% of pupils in the wider sample.
- 23% of Blackpool pupils said they have crisps 'on most days' compared with 29% of the wider sample.
- 76% of Blackpool pupils said that they have never smoked at all compared with 83% of the wider sample.
- 43% of Blackpool pupils said that they have a parent or carer who smokes compared with 32% of the wider sample.
- 39% of Blackpool pupils said that they have at least tried vaping compared with 20% of the wider sample.
- 25% of Blackpool pupils said that they have been offered cannabis compared with 17% of the wider sample.
- 68% of Blackpool pupils said that they can 'usually or always' say 'no' to a friend who is asking them to do something they don't want to do compared with 63% of the wider sample.
- 36% of Blackpool pupils said that their school takes bullying seriously compared with 45% of the wider sample.
- 50% of Blackpool pupils said people with different backgrounds are valued in their school compared with 61% of the wider sample.

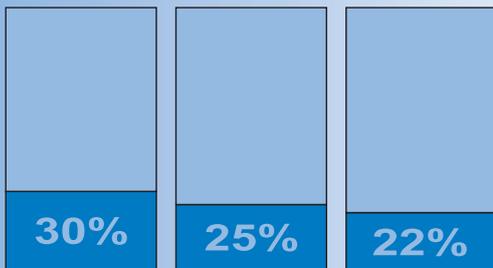
Pyramid data: Questions included in both the primary and secondary/FE versions of the Blackpool 2019 questionnaire

Cross-phase data

The following is a selection of data relating to the set of questions found in the primary and secondary versions of the questionnaire. It is always interesting to see how young people change as they grow up.

HEALTHY EATING

- Primary aged girls were less likely to report having nothing to eat or drink for breakfast: Year 6 girls 6%; Year 8 girls 14% and Year 10 girls 13%.
- There is a declining trend for pupils having crisps 'on most days'. 30% of Year 6 pupils, 25% of Year 8 and 22% of Year 10 pupils said this.

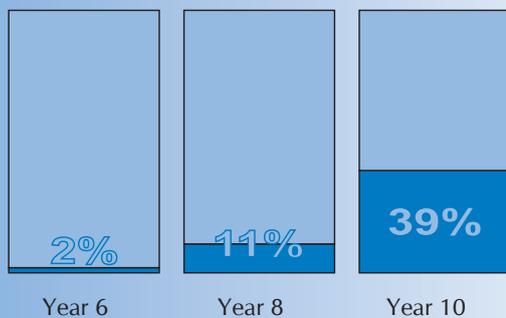


- More secondary girls say they would like to lose weight than primary aged girls. 46% of Year 6 girls, 63% of Year 8 girls and 59% of Year 10 girls said this.

DRUGS

Have you ever been offered cannabis?

- 2% of Year 6 pupils said that they have been offered cannabis. 11% of Year 8 and 39% of Year 10 school pupils said the same.

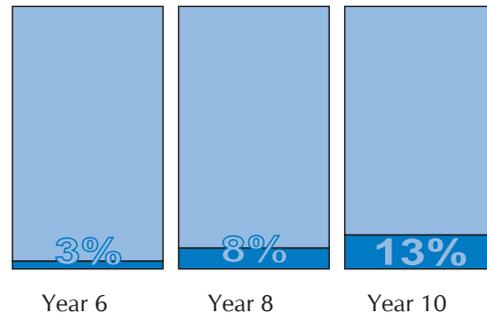


- 6% of Year 8 pupils and 26% of Year 10 pupils said they have used cannabis.

ALCOHOL

Have you had an alcoholic drink in the week before the survey?

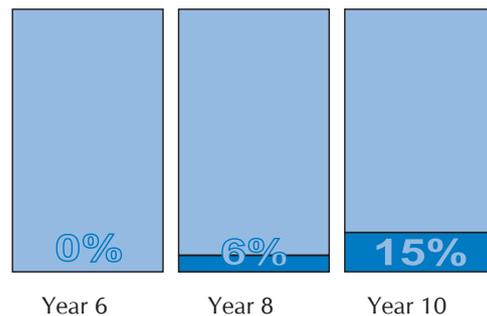
- 3% of the Year 6 pupils had an alcoholic drink on at least one day in the week before the survey. 8% of Year 8 and 13% of Year 10 pupils said the same.



TOBACCO

Did you smoke last week?

- 0% of the Year 6 pupils smoked a cigarette in the week before the survey. 6% of Year 8 pupils and 15% of Year 10 pupils said the same.

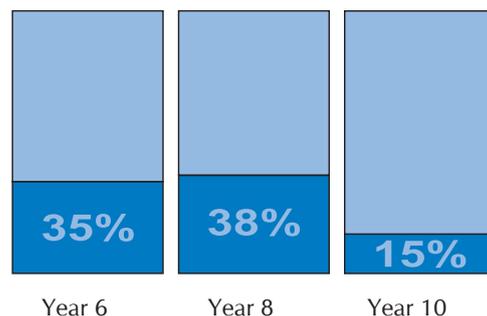


- 98% of primary pupils said that they had 'never smoked at all'. 76% of secondary pupils said the same.
- 11% of Year 6 pupils said that they might or will smoke when they are older.

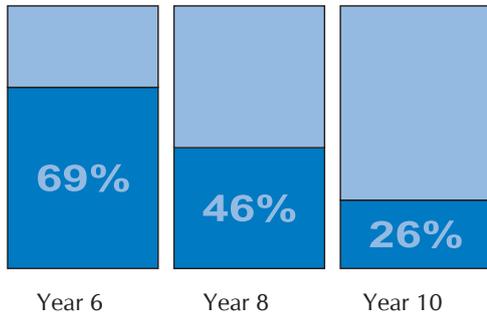
EMOTIONAL HEALTH & WELLBEING

Are you ever afraid of going to school because of bullying?

- 35% of Year 6 pupils said they felt afraid of going to school at least sometimes. This rises slightly to 38% in Year 8 but falls to 15% in Year 10.

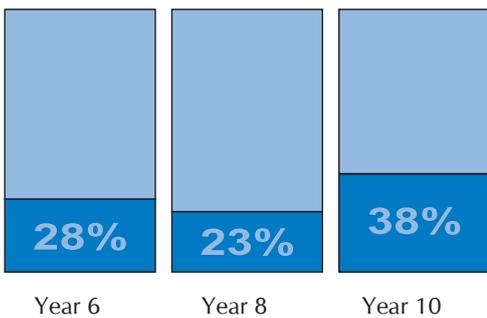


- Our surveys show that the worrying about bullying figures for girls are consistently higher than for boys.
- 27% of Year 6 pupils said they had been bullied in the last 12 months. 32% of Year 8 and 14% of Year 10 said the same.
- 69% of Year 6 said that their school takes bullying seriously. This falls to 46% of Year 8 and 26% of Year 10 pupils in 2019.



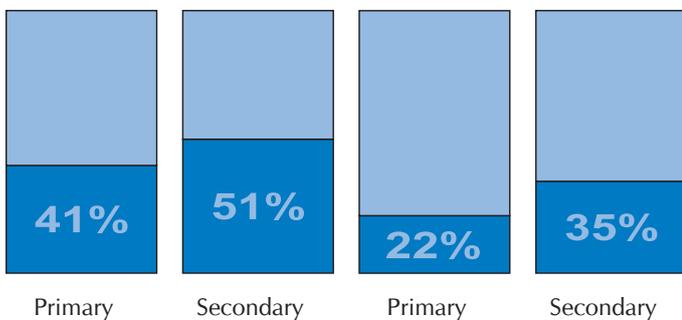
Self-esteem

- 28% of Year 6 pupils, 23% of Year 8 and 38% of Year 10 pupils appear in the highest bracket of the self-esteem scale.



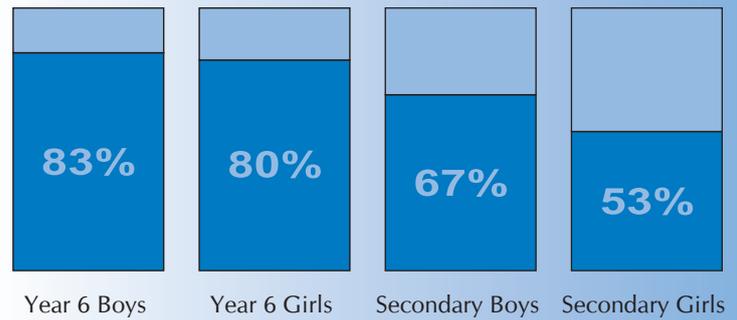
How much do you worry about problems?

- 41% of primary aged pupils said they worried about school tests 'quite a lot' or 'a lot', this rises to 51% of secondary pupils. 35% of secondary pupils worried about the way they looked, only 22% said the same in the primary survey.

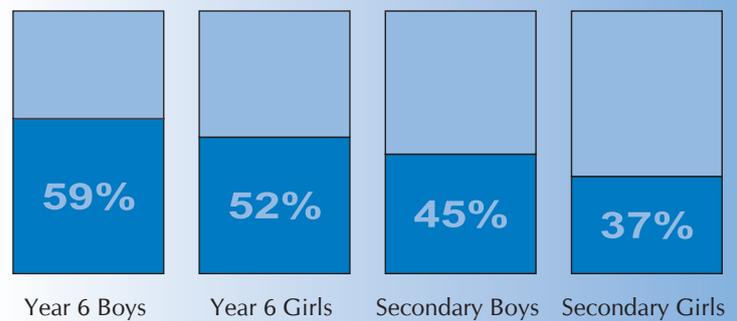


PHYSICAL ACTIVITIES

- 81% of Year 6 pupils said that they enjoy physical activities 'quite a lot' or 'a lot'. 60% of secondary pupils said the same. The figures for boys and girls are as follows:



- 56% of Year 6 pupils described themselves as 'fit' or 'very fit'. 42% of Year 8 and 39% of Year 10 pupils said the same. The figures for boys and girls are as follows:



- A clear gender difference becomes apparent as pupils get older, with fewer girls saying that they enjoy physical activities and that they consider themselves as fit.

SAFETY

When you cycle do you wear a safety helmet?

- 29% of Year 6 pupils said that they 'never' wear a safety helmet when cycling/scooting. 46% of secondary pupils said that they 'don't cycle'. 16% don't have a safety helmet. 15% said that they 'hardly ever or never' wear theirs.

When a friend wants you to do something you don't want to do...

- 63% of Year 6 pupils said that they could 'usually or always' say no to a friend who was asking them to do something they didn't want to do. 63% of Year 8 and 73% of Year 10 said the same.



TRENDS - changes in the data between 2007 and 2019

Primary

- 27% of Blackpool primary pupils in 2019 said that they had 5 or more portions of fruit and vegetables the day before compared with 23% in 2017, 27% in 2015 and in 2012. These compare with 26% in 2009 and 35% in 2007.
- 82% of pupils in 2019 said they enjoyed physical activity 'quite a lot' or 'a lot'. 85% said this in 2017, 84% in 2015 and 78% in 2012. 86% said this in 2009 compared with 83% in 2007.
- 62% of Year 6 pupils in 2019 said that their teachers had talked with them about drugs compared with 54% in 2017 and 39% in 2015. 33% said this in 2012, 54% in 2009 and 61% in 2007.
- 16% of pupils in 2019 said they knew someone personally who used drugs compared with 13% of pupils in 2017, 14% in 2015 and 2012. 17% said this in 2009 and 21% said this in 2007.
- 6% of boys in 2019 said that they drank alcohol on at least one day in the previous week. This compared with 6% in 2017, 8% in 2015, 12% in 2012, 13% in 2009 and 18% in 2007.
- 73% of pupils in 2019 said that their parents had talked with them about body changes as you grow up. This compared with 67% in 2017, 64% in 2015 and 66% in 2012, 77% in 2009 and 70% in 2007. 46% in 2019, 42% in 2017, 35% in 2015 and 32% in 2012 said teachers had talked with them about this; falling from the 57% seen in 2009 but now higher than the 44% seen in 2007.
- 35% of boys and 46% of girls in 2019 said they were afraid to go to school because of bullying at least sometimes, compared with 32% of boys and 43% of girls in 2017, 35% of boys and 48% of girls in 2015 and 38% of boys and 43% of girls in 2012. This compares with 34% of boys and 45% of girls in 2009 and 25% of boys and 38% of girls who said the same in 2007.
- 32% of boys and 24% of girls in Year 6 in 2019 recorded levels of high self-esteem compared with 36% of boys and 29% of girls in Year 6 in 2017. 37% of boys and 25% of girls in 2015, 27% of boys and 24% of girls in 2012, 23% of boys and 20% of girls in 2009 and 40% of boys and 28% of girls in 2007.

Secondary

- 12% of secondary pupils in 2019 said that they had nothing to eat or drink for breakfast on the day of the survey compared with 9% in 2017 and 2015. 13% said this in 2012, 18% in 2009 and 13% in 2007.
- 60% of pupils in 2019 said that they enjoyed physical activity. This compared with 64% in 2017, 67% in 2015, 60% in 2012, 84% in 2009 and 72% in 2007.
- 76% of pupils in 2019 said they have never smoked at all compared with 75% in 2017 and 2015. These compared with 66% in 2012, 63% in 2009 and 53% in 2007.
- 25% of pupils in 2019 said they had been offered cannabis compared with 20% in 2017, 18% in 2015, 19% in 2012, 20% in 2009 and 26% in 2007.
- 10% of pupils drank alcohol the previous week in 2019 compared with 14% in 2017, 15% in 2015, 21% in 2012, 28% in 2009 and 34% in 2007.
- 46% of pupils in 2019 said that they have a parent/carer who smokes compared with 50% in 2017 and 49% in 2015.
- 18% of boys and 35% of girls in 2019 reported a fear of going to school because of bullying at least sometimes compared with 18% of boys and 31% of girls in 2017, 16% of boys and 33% of girls in 2015, 24% of boys and 38% of girls in 2012. In 2009, 23% of boys and 33% of girls said this compared with 32% of boys and 41% of girls in 2007.
- 36% of pupils in 2019 said their school takes bullying seriously compared with 31% in 2017, 38% in 2015, 46% in 2012, 51% in 2009 and 48% in 2007.
- 14% of pupils in 2019 reported being a victim of violence or aggression within the past 12 months compared with 12% in 2017 and 2015, 14% in 2012. 15% reported this in 2009 and 20% in 2007.

The Way Forward – over to you

This work was funded by the Public Health Directorate within Blackpool Council in order to support planning and evaluation of health focussed initiatives. We are grateful to the teachers, schools, the college and young people for their time and contributions to this survey. As a result of their work we have excellent data to be used by schools and colleges, as well as both statutory and voluntary agencies that support the health of young people in Blackpool. This work will inform action plans for joint working between and within organisations involved in improving the health and wellbeing of pupils in schools. The data will also be used to help develop and improve services for young people in Blackpool.

Blackpool Schools who took part in the survey:

Blackpool primary schools:

Anchorsholme Primary Academy, Bispham Endowed CE Primary School, Blackpool Gateway Academy, Blackpool St John's CE Primary School, Boundary Primary School, Christ The King Catholic Academy, Educational Diversity, Holy Family Catholic Primary School, Kincaig Primary School, Mereside Primary School, Park Community Academy, Revoe Learning Academy, Roseacre Primary Academy, St Bernadette's Catholic Primary School, St Kentigern's Catholic Primary School, St Teresa's Catholic Primary school, Stanley Primary School, Thames Primary Academy and Westcliff Primary Academy

Blackpool secondary schools:

Educational Diversity, Highfurlong Special School, Park Community Academy and St. Mary's Catholic Academy.

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